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CITY OF MANCHESTER

Police Department

Manchester Police Senior Walks

The Manchester Police Community Affairs Division announces the 2023 Spring *Senior Walks*. These walks allow seniors to exercise, socialize and experience Manchester with Manchester police officers. Walks are held Monday mornings at 9am unless otherwise noted. The walks are approx. 2-3 miles and take about one hour to complete.

April 10, 2023 Manchester River Walk - East

Meet at the Hilton Garden Inn Hotel parking lot @ 101 S. Commercial St.

April 17, 2023 Rockingham Rec Trail

Meet at the old CVS, 271 Mammoth Rd. Please do not park against building

April 24, 2023 Livingston Park

Meet in parking lot near the playground, Hooksett Rd. @ Redcoat Ln.

May 1, 2023 Manchester River Walk - West

Meet at the rear of the West Side Ice Arena @ Electric St.

May 8, 2023 Weston Tower

Meet at the parking lot near the baseball field across from Trinity High School

May 15, 2023 Manchester/Goffstown Rail Trail

Meet at the front of the West Side Ice Arena @ Electric St

May 22, 2023 Rock Rimmon

Meet behind Northwest Elementary School on Youville St, in the parking lot next to the baseball fields

May 30, 2023 Livingston Park

Meet in parking lot near the playground, Hooksett Rd. @ Redcoat Ln

June 5, 2023 Massabesic Lake Trail

Meet in the paved parking lot off Londonderry Turnpike
Just south of the Massabesic Traffic Circle

June 12, 2023 Manchester Cedar Swamp Preserve

Directions: Countryside Boulevard is off of Hackett Hill Rd in Manchester. The trail head is about a half a mile up on the left. There is adequate parking in the parking lot or along the street.

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